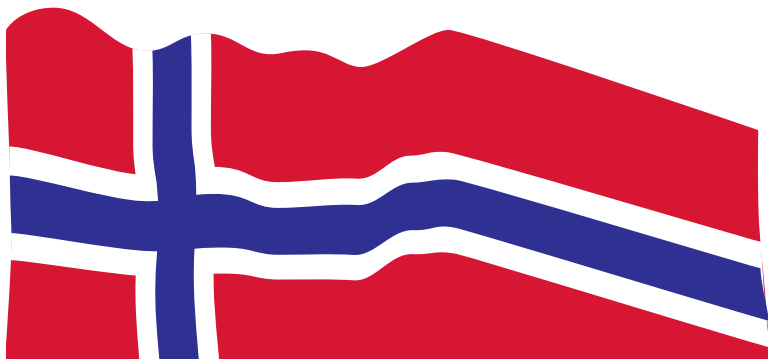




**SONS of
NORWAY**

Solglyt Lodge 7-143

September - October 2026

sofnedmonton.ca

Edmonton, AB

President's Message

God dag Solglyt members.

I trust you all had a nice summer despite the record amount of rain we experienced in the Edmonton area but the good news it has suppressed the forest fires to a more acceptable level.

Nancy and I had a couple of nice trips this summer; one to Southern Alberta to visit some historical sites such as Head Smashed-In Buffalo Jump, Fort McLeod NWMP museum and the Medalta in the Historic Clay District museum in Drumheller and a trip to Prince Albert National Park.

On behalf of the Lodge, I would like to



Head Smashed-In Buffalo Jump.



Waskesiu Lake sunset - Prince Albert National Park.

thank our new members that recently joined and look forward to working and socializing with them at further events.

Our Syttende Mai celebration was held Saturday May 16. The entertainment included the Junior Valhalla dancers, cultural presentation, greetings from Norway from the Norwegian Consulate and of course we all enjoyed hot dogs, ice

cream and cake.

A BBQ was held on Sunday June 14, and this was the last Solglyt event that Wayne Nordstrom was able to attend. We will miss Wayne and his general knowledge of Alberta. On behalf of the Lodge I wish to express our condolences to his family.

Continued on page 2.

Executive Officers:

President	Arvid Pederson <i>president.solglyt@gmail.com</i>
Vice President	Sheila Johnson
Treasurer	Jim Colleton
Secretary	Laura Blakley
Membership	Peter Myhre
Counselor	Sylvia Colleton

Program Directors:

Cultural	Dreena Davis
Social	Sharon Bruce
SON Foundation in Canada	Brenda Carlstad

Support Directors:

Trustees	Cliff Norum
----------	--------------------

Historian

Brenda Carlstad
info@sofnedmonton.ca

Sunshine

Karin Jackson
lesandkarin@hotmail.com

Webmaster

Brenda Carlstad

Publicity

Brenda Carlstad
sofn2013@gmail.com

Newsletter

Sandy Jamison
sjamison@greatwest.ca

General Inquiries: info@sofnedmonton.ca



Solglyt Lodge members demonstrate making of Krumkake in Millet.

Workshops Millet, Alberta

We were once again invited by the Town of Millet to demonstrate some of our talent. The request this time was for the making of Krumkake and a demonstration of Swedish Weaving.

On June 25th, 2026 Sandy K., June K., Sue N. Linda C., Dreena D. and myself drove to the Millet Museum to showcase our skills. It was a very enjoyable time. There were about 15 ladies for the Krumkake demonstration and about 20 for the Swedish Weaving course. Thanks to the talents of the above women the Town of Millet was introduced to delicious Krumkake and learned a new skill Swedish Weaving

Sharon Bruce
Social Coordinator.

President *from front page.*

A bus trip to Red Deer area was held on July 29 and we visited Laft Hus, Conquist House in Red Deer and then on to the Ellis Nature Centre near Joffre. It was great weather and a very enjoyable trip.

Our first fall event that be held will be a Pea Soup supper on Sunday September 20 that is organized by Val V. and Sandy J. This is an opportunity for a delicious meal, fellowship but also showing our generosity towards the SON Foundation that assists students financially.

Refer to the Newsletter for specific details on September, October Fall/Winter meeting dates and activities.

Please again accept thanks on behalf of the Solglyt Board to all the amazing and dedicated volunteers that provide their help and assistance in our Lodge activities.

They make this organization a lot of fun to be a part of.

Takk.
Arvid.

PEA SOUP LUNCHEON

Annual Support

Pea Soup Lunch in support of the Sons of Norway Foundation in Canada

September 20 @ 2:00

Delicious Lunch to be served. Often, we can purchase any remaining soup.

Set-up help at 1:00 gratefully accepted!

Members - desserts

Any dessert items will be greatly appreciated!

Fellowship

A fun, post-summer social mixer!

And coffee!





1. Solglyt Lodge group at the Laft Hus.

2. Laft Hus bunads.

Red Deer Area Field Trip - July 29, 2026

Our fifth annual bus trip was held on July 29th, 2026. We had 28 people on the bus to enjoy the day. This time we headed off to explore the Red Deer region. Firstly we stopped at the Laft Hus in Red Deer where everyone had a great time shopping and exploring their wonderful display of Norwegian artifacts. From there we went to the Cronquist House for lunch. Cronquist House is a lovely historic House situated in Bower Park. Cronquist House was built in 1912 By Emmanuel Cronquist and has been fully restored.

We then went to Ellis Nature Centre at Joffre, Alberta. This Nature Centre was started by Charlie and Winnie Ellis who transformed their farm into a sanctuary for birds and other wildlife. It is absolutely one of the best sanctuaries, well worth the drive to see it. Plus the pie and ice cream we had while sitting in the shade and enjoying the peacefulness was a great ending to our day.

In the past Wayne Nordstrom was our narrator for these trips but unfortunately Wayne passed away in June. Dreena Davis stepped to fill the large shoes left by Wayne and our thanks goes out to her for doing this.

If you have any ideas for our next trip please let me know.

Sharon Bruce
Social Coordinator.



- 3. Betty T.
- 4. Ellis Bird Farm.
- 5. Cronquist Tea House.
- 6. Arvid and Sharon at Ellis.
- 7. Jim, Shirley and Emily at Cronquist Tea House.





8. Solglyt Lodge church steeple group.



Invitation: Solsyd Lodge #603, Lethbridge

Invitation: Solsyd Lodge #603, Lethbridge, has invited us to join them as they celebrate their **40th Anniversary on Wednesday, November 18, 2026**. The \$20 registration fee is due by Oct. 19. Email Brenda – sofn2013@gmail.com for more details and she can send you the invitation. Alternatively, email the Lethbridge Lodge - Marilynn.christie@gmail.com. In any case, I will send Lethbridge a congratulatory message.

Submitted by
Brenda C., Solglyt Publicity



Solglyt BBQ - Sunday, June 14

Cliff and Arvid enjoying
the Solglyt Lodge BBQ.



THE SOLGLYT FREELOADERS
"WE REMEMBER NORWAY"

Arvid Hope, Coordinator
Arvid was born of Norwegian parents in Boken, Saskatchewan. His mother was born in August and his father in June. Arvid joined the Sons of Norway in 1953 and has been the cultural director for Solglyt Lodge in Edmonton since 1992. She is an instructor at the Annual Norwegian Language Camp held each summer in Alberta. Arvid also presents Norwegian cultural displays year round at schools and shopping malls in the Edmonton area.

Harry Huser, Violin
Harry was born in Fredrikstad, Norway on August 10, 1914. He and his family immigrated to Canada in the fall of 1916. Harry and his wife Rita have four children and

SIDE ONE
1. PAREN LOUEN 3:52
2. DANSEN PÅ MÅNEN 3:23
3. KAN DU GLENNES GÅRLE NORGE 1:58
4. NORDENHØNDE 2:21
5. RØKEN I SKIEN 2:27
6. LUTTEREN 2:07
7. STYNNEN VÅSEN 2:23

SIDE TWO
1. NEDEN 2:35
2. PÅN I HAMBURG 2:53
3. ANNA MME 2:48
4. FLOREN JOHANNEN OG JEG 2:13
5. HAVSARVALSEN 2:21
6. VÅN I HAVET 2:41

Gary Johnson, Guitar
Gary's grandparents moved to Canada from the U.S.A. in the early 1900s and homesteaded near Thompson, Sask. Gary was born in Prince Albert, Sask. in 1946. In 1954, the Johnson family moved to Edmonton. Gary was charter president of the Sons of Norway, "Thornes" Junior Lodge in 1961. He is presently Zone 4 Director on the Sons of Norway, the District Board. Gary and his wife Evelyn have two daughters.

Odd Espeland, Accordion
Odd was born in Adolph, Norway on August 19, 1928. He married Solvay Beland in 1955, and they have two daughters and one son. The whole family moved to Canada in 1965 and settled first at Eskola, Alberta, and later moved to Edmonton in 1971. They

The Solglyt Free loaders

Vinyl recording featuring members of Solglyt Lodge.



1. Valhalla Jr. Scandinavian Folk Dancers and Kalli.

2. Northern Alberta Honourary Consul, Bjørn Morisbak.

3. Dreena D.

4. Valhalla Jr. Scandinavian Folk Dancers.



Syttende Mai - Saturday, May 16

Solglyt Lodge's annual Syttende Mai event to celebrate Norway's National Constitution Day, was held on Saturday, May 16, at Greenfield Community Hall. Members and guests were greeted by Emerson, Liam and Lucas who also led the parade and served lunch.

Charlotte and Kalli led the singing of our national anthems, followed by greetings from the late King Harald V of Norway, brought by Northern Alberta Honourary Consul, Bjørn Morisbak. The Junior Valhalla Scandinavian Folk Dancers entertained participants with a wonderful performance and this year, Valhalla Alumna, Kalli, joined the group for a couple of dance numbers.

Favourable weather gave way to an outdoor flag-waving, hurrah-

shouting, family parade followed by a delicious hot dog lunch, topped off with cake and ice cream. This year's event was very well-attended. *Hipp, hipp, hurra!*

Mange takk to the volunteers who contributed to the success of this event.



1



2

1. Haaland and Brenda.

2. Karin and Emily food tent volunteers.

Edmonton Heritage Festival - August 1-3, 2026

This year's Scandinavian tent at Heritage Days was a great success! Setup started out rocky, and we faced a few bumps along the way due to weather, but we finished strong. Despite closing early on Saturday and all day Sunday, we sold out of all menu items by 5:00 PM on Monday.

Once again, our culture tent triumphed, focusing this year on folk culture. We were lucky to have three Viking

re-enactors who enlightened visitors with their relics and knowledge. Highlights included building tomtes, rocking out to ABBA, and taking pictures with Erling Haaland (a huge draw!). A huge thank you to all our Norwegian volunteers - hope to see you all next year!

Submitted by Leanne Boraas

For more current & past photos: <https://www.flickr.com/photos/135490432@N05/albums/>



Letter Etiquette: Nordpolen, later Solglyt Lodge: 1913 – 2026 = 113 Years Old!

Nordpolen/Solglyt was first organized in 1913. The following paragraph is from 'Norrøna, Oct. 7, 1915 submitted by "Nordpolen", when members were referred to as 'brothers'; translated by Kristian Nyhus. The article seems to have been authored by 'Sagawriter'.

"Yes, it is a little lodge history that we will strive to write. It is hoped it will also be of interest to hear from the "North Pole". Nobody should believe, however that since we named our lodge "North Pole" that we are located as far north as it is possible. Likewise, we would not want the world to believe that we are the only lodge north of the 49th parallel. British

Columbia is also in Canada, where there are two lodges. Even further north in Alaska there are Sons of Norway lodges. But a thing that you all should know is that Edmonton is the capital of Alberta and a large city. You should know that you must remember to write house numbers on your letters, when you write letters to your friends here. I just received a letter from brother Bendeke, and the letter had circulated among several letter carriers, because the house number was not written on the envelope."

Note: 'Daughters of Norway Polar Star' was organized in Edmonton in 1914.

For more photos of Solglyt Lodge members and events, please visit: <https://www.flickr.com/photos/sonsofnorway/albums/>

Memorial...

Norwegian Embassy in Canada

HM King Harald V (1937 - 2026)

It is with deep grief that we announce that His Majesty King Harald has passed away. King Harald died peacefully at Oslo University Hospital Rikshospitalet Friday 28 August at 6:35am.

Press release from the Office of the Prime Minister:

'It is with great sorrow that I received the news that His Majesty King Harald V has died.

A whole nation is in mourning and the people of Norway are left with a deep sense of gratitude for a long life in the service of Norway.

For more than three decades as monarch, Harald V demonstrated an unwavering faith in the Norwegian people. He helped us to see the best in ourselves – and in one another.

King Harald found the words to bind us together when we needed them the most. He grieved with us after the attacks 22 July 2011. He cheered with us when Norwegian athletes excelled. And he guided us, with warmth, wisdom and openness, towards a society with a place for everyone. King Harald had a profound love for Norway. And Norway had a profound love for King Harald.

My thoughts and deepest sympathy are with the Queen and the entire Royal Family at this difficult time,' said Prime Minister Jonas Gahr Støre on learning of the death of King Harald V.

King Harald V was born on 21 February 1937. He died at the age of 89.



HM King Harald V.



Bernice Nyhus.

Bernice Nyhus

With heavy hearts we announce the passing of our beloved mother, grandmother, and great grandmother, Bernice Johanna Nyhus (Nergaard). Bernice was born September 15, 1934 in La Glace, Alberta to Laura and John. Along with her twin sister, she was the last of 8 children. She spent her childhood on the farm, riding bikes, horses and playing in their much loved playhouse in the summer, and skating on the lake when winter came. As Bernice would be the first to tell you, it wasn't easy being an identical twin although she and Bea were never far apart and spent their youth dressed alike and as close as only twins can be.

Bernice and her sister had the opportunity to attend Camrose Lutheran College for their grade 12 year and from there she entered nurses training at the Royal Alexandra Hospital in Edmonton, where she started a long successful career in nursing. While in training she met a tall handsome blond Norwegian

who would later become her husband and the love of her life. Bernice and Kris were married for over 66 years. During this time, they roamed from Alberta to Illinois to Norway, then Seattle, and finally back to Edmonton where they lived for their last 55 years. During their time together, Bernice bore 3 children (Linda, Gregg, and Anders), had 10 grandchildren and 7 great grandchildren, whom she loved fiercely. Bernice and Kris travelled to all corners of the globe, and went back to Norway many times. After Kris passed in March of this year, Bernice made the choice to come and spend her final time in BC with her daughter, Linda. Although she missed Kris terribly, we will be forever grateful for these last few months with her. Throughout our lives, whether or not we deserved it, you were always our fiercest advocate, the most understanding sympathetic ear, and quite possibly the worst joke teller in history. Momma, you will most certainly be missed.

Memorial...

Wayne Rodney Nordstrom

June 13, 1943 - July 14, 2026

Wayne Nordstrom grew up in a farming community close to Sedgewick, Alberta. He was married to Joyce, his high school sweetheart, for 61 years. In 1995, Wayne joined the Sons of Norway's Solgylt Lodge and he was very involved in lodge activities. Wayne and Joyce were present at monthly get togethers as well as special events including lefse bees and lutefisk suppers. Most recently, Wayne filled the role of lodge trustee.

Wayne was a passionate naturalist and adventurer. He researched and planned several of Solgylt's bus tours. On the tours, Wayne often shared interesting bits of historical information about areas of Alberta as well as facts on nature. He gave some presentations to members at meetings including one entitled, "Owls, What a Hoot." It was wonderful! Being the fervent biologist that he was, Wayne was always willing to answer questions or talk about nature.

Wayne was proud of his Scandinavian heritage. He researched his roots and had reconnected with many family members in Norway and Sweden.

Wayne is survived by his loving wife, Joyce, his sons Steve (Deborah) and Scott (Marie-Chantale) along with their families, and other relatives and friends.

He will be missed.



Wayne and Joyce Nordstrom.

Some Memories of Wayne

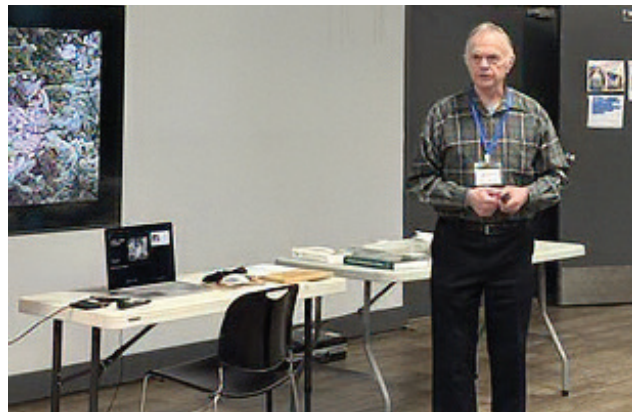
Wayne Nordstrom grew up in a farming community Wayne and Joyce and Roger and I had been friends for over twenty years.

Wayne decided and Roger agreed that they should write a travel book about Scandinavian sites in Alberta. Wayne was the author and Roger was the treasurer of the book, *Scandinavian Connections*. During the course of putting the book together, Wayne would receive a picture of a certain church and sometimes decide it was not of a good enough quality to use in the book. Then Wayne and Joyce, and Roger and I, would get into the car and search out this particular church that Wayne wanted a new photo of. It did not matter to Wayne if the road was muddy and just about impassable, if the grass was knee high or if there were hordes of mosquitoes, Wayne was bound and determined to get the exact picture. And we did.

I can still see Wayne and Roger sitting on main street in Camrose autographing this book and talking to all of the people that stopped to visit.

I curled with Wayne for many years. Wayne was the skip and I was lead. Wayne was very laid back as a skip but I remember one time he was determined we were going to beat this certain team. The rock was thrown and Liz and I start sweeping. All the way down the ice we heard, "whoa, stop, sweep, stop!" We had whiplash by the time the rock got into the house but the shot was made.

Another time Wayne had invited a fellow biologist to spare for us. After the game, we went upstairs for our customary beverage. Wayne and his fellow biologist started talking about the



Left: Wayne presents Owls, What a Hoot Jan 2025.

Below Wayne at 2025 lefse bee:

love life of a fruit fly. The life span is short but sweet and no conclusion reached whether this was good or not. What a wonderful night of laughter!

As an aside, I have known Wayne to eat dessert before his meal as he felt he might be too full after a meal to enjoy dessert.

Wayne was an integral part of our Sons of Norway lodge. He was a long-standing member and was past President. Wayne was always willing to do anything for the club and in January 2025, he gave a presentation on Owls. Our Sons of Norway bus trips for the past six years have been narrated by him. He has provided us with history and information on the places we travelled to which was very informative and greatly appreciated. Our last bus trip was held July 29th and Dreena stepped into the large shoes left by Wayne. He had planned where we were going and had started gathering material for the bus tour but was unable to complete it.

We will miss you Wayne for your sense of humour, your willingness to help, and for everything else you contributed to our lives and

to the Sons of Norway. Rest in peace, Wayne.

Sharon Bruce, long time friend and member of the Sons of Norway.

Sharon Bruce



Memorial...

Wayne Nordstrom and the Gol Stave Church Model

Wayne was a man who loved a project. He had ideas – and not just little ideas.

He had a remarkable ability to engage others in his vision, inspiring them to become as enthusiastic about a project as he was. The Scandinavian Connections book and the Gol Stave Church Replica were two examples of this.

Wayne envisioned a stave church model that could be used to educate others about the history and significance of stave churches in Norway. He assembled a team, located the blueprints for the full-size Gol Stave Church replica, and got to work.

Wayne and I worked together in my garage about once a week for roughly three years. Whenever special skills were needed, Wayne recruited others to help.

Construction began in early 2003, and the initial section of the model was ready for its first public display at the Scandinavian Showcase at Edmonton K-Days in July 2003.

The work continued over the following years,



Wayne Nordstrom and Dennis Douglas with various stages of the Gol Stave Church model.



and the model was completed in 2006. A plexiglass case was added in 2009, followed by the supporting base in 2012. In total, more than 2,500 hours were spent building the model.

The completed model was displayed at many Sons of Norway and Torskeklubben events. Wayne would often give presentations to accompany the display and was always available to provide additional information and answer questions.

Wayne was an alumnus of Augustana College,

and he believed that its Scandinavian Studies Program would benefit from having and preserving the Gol Stave Church Model. He initiated the donation process, and in August 2021, the Gol Stave Church Model was placed in the Augustana Library.

The model is a lasting reflection of Wayne's vision, dedication, and generosity — and of his wonderful ability to bring people together around an idea and turn that idea into something lasting.

Dennis and Lynn Douglas



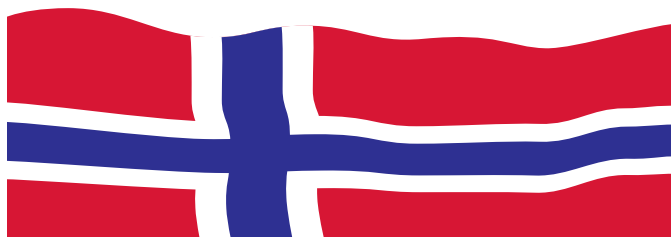


2026 Solglyt Lodge Events

Sunday September 20th, 2026 from 2 to 5
Norwegian Pea Soup Lunch - *Sons of Norwegian Foundation in Canada Fund Raiser*
 - see details on page 2.

Sunday October 18th, 2026
 1:00 pm setup, 2:00 pm **Potluck**

Saturday October 24th, 2026
Lefse Workshop; 9:30 am - 4 pm



Useful Web Links:

- **Sons of Norway Solglyt Lodge #7-143 - Edmonton**
 - sofnedmonton.ca
- **Solglyt Lodge on FaceBook**
 - <https://www.facebook.com/SonsofNorwayEdmontonSolglytLodge>
- **Sons of Norway Solglyt Lodge #7-143 Photos**
 - <https://www.flickr.com/photos/sonsofnorway/albums/>
- **Sons of Norway Valhalla Lodge #7-341 - Calgary**
 - <http://www.sofncalgary.ca>
- **Sons of Norway District 7 (British Columbia, Alberta, Saskatchewan)**
 - <http://www.sofn7.com>
- **Sons of Norway Foundation in Canada**
 - <https://www.sonfic.ca>
- **Sons of Norway International**
 - <https://www.sofn.com>
- **Scandinavian Studies Association - Edmonton**
 - <https://www.scandinavianstudies.ca>
- **Trollhaugen Language, Arts & Culture Camp**
 - <https://www.trollhaugenalberta.com>
- **Torskeklubben of Edmonton** - <https://www.torskeklubben.ca/>
- **Norwegian Laft Hus - Red Deer** - <https://www.norwegianlaftussociety.ca>
- **Welcome to Norway** - <https://www.visitnorway.com>

Sons of Norway Book Club Reading Schedule

May 2026 - May 2027

Meetings: On the last Monday of each month at 6:30 PM Pacific time and the last Thursday of each month at 8:00 PM Eastern time

Page 1

	Mystery Selection	Main Title Selection
May 2026	The Bell in the Lake by Lars Mytting (The Sister Bells Trilogy #1)	The Burnt-out Town of Miracles by Roy Jacobsen
June 2026	The Ice Beneath Her by Camilla Grebe (Hanne Wilhelmsen #9)	Valkyrie: the Women of the Viking World by Johanna Katrin Fridriksdottir
July 2026	The Girl in the Woods by Camilla Lackberg (Patrik Hedstrom #10)	The Birds by Terjei Vesaa
Aug. 2026	Odd Numbers by Anne Holt (Hanne Wilhelmsen #9)	The Swedish Empire: A History from Beginning to End by Hourly History
Sep. 2026	Voices by Arnaldur Indridason (Reykjavik Murder Mysteries #3)	Norway to America: A History of the Migration Ingrid Semmingsen
Oct. 2026	We Shall Inherit the Wind by Gunnar Staalesen (Varg Veum #1)	Return to the Future: An Escape to the Future by Sigrid Undset
Nov. 2026	Cinderella Girl H.A. Foss	Norwegian Wood by Lars Mytting
Dec. 2026	The Girl Without Skin by Mads Peder Nordbo (Matthew Cave #1)	The Troll with No Heart in His Body and Other Tales of Trolls from Norway

May 2026 - May 2027

Meetings: On the last Monday of each month at 6:30 PM Pacific time and the last Thursday of each month at 8:00 PM Eastern time

Page 2

	Mystery Selection	Main Title Selection
Jan. 2027	Into Thin Air by Orjan Karlsson	The Last Viking: The True Story of King Harald Hardrada by Don Hollway
Feb. 2027	The Reindeer Hunters by Lars Mytting	Northern Lights: The Positive Policy Example of Sweden, Finland, Denmark & Norway by Andrew Scott
Mar. 2027	The Ice Star (Greenland Trilogy, #1)	Leaf-Huts and Snow-Houses by Olav Hauge
Apr. 2027	The Witch Hunter by Max Seeck	Norwegian Rose Painting: in America by Nils Ellingsgard
May 2027	The Girl with Ice in Her Veins by Karin Smirnov (Lisbeth Salander #8)	The Man Who Left Too Soon: The Life and Works of Stieg Larsson by Barry Forshaw

Zoom links for all book club meetings will be announced/emailed a month prior to their respective meetings.

To join the Sons of Norway Book Club or put your name on our email list,

Everything Norway!

Opposition to fireworks grows

Tens of thousands of Norwegians have signed a petition calling for a ban on private fireworks on the one night of the year when they're allowed in Norway: New Year's Eve. Organizers reported this week that 67 organizations also support a ban, according to animal protection agency *Dyrebeskyttelsen*.

Serious accidents involving fireworks and concern for the dogs, other pets and wild animals disturbed by fireworks prompted the petition, which has been turned over to the government. Justice Minister Astri Aas-Hansen said she can't promise a ban, but she said the issue will be reviewed and tougher rules evaluated.

Fully 72 percent of those questioned in a recent public opinion poll supported a ban on private use of fireworks, as long as local authorities offered public displays of fireworks around the country on New Year's Eve.

NewsinEnglish.no staff

Doctorate degrees set another record

A total of 1,878 doctorate degrees were issued by Norwegian institutions of higher education last year. That's 28 more than the year before, which had set a record itself.

The majority of doctorate degrees awarded went to women, who collected 53 percent of the total and fully 60 percent of the PhDs awarded within medicine, health care and political science.

Men still took the majority of doctorates within technology, where just 33 percent of the doctoral candidates were women. They made up 45 percent of those awarded within math and sciences.

News bureau NTB reported that the number of foreign students earning doctorates in Norway has doubled since 2000, when around 20 percent of doctoral candidates were from abroad. Last year that number was up to 40 percent, with foreigners earning 66 percent of doctorates awarded within technology and 56 percent with math and sciences.

NewsinEnglish.no staff



Metal detectors revealing lots of treasures

Norwegians out roaming around with metal detectors have been having a bumper season after the snow melted this year. They've been finding everything from a bounty of Viking-era coins in farmers' fields to a gold sword holster from the great Germanic migration period 1,500 years ago.

The latter was found by a father of two out hiking in Austrått south of Stavanger. Officials at the local university, now in possession of the treasure, said the man spotted an unusual rise in the ground under a tree, dug around a bit and found "something that glistened."

The richly decorated gold lire is believed to have been attached to a leather belt from which a sword hung. It's the first time such a treasure has been found in the Norwegian district of Rogaland and only 17 others have been found in all of Northern Europe. The treasure will be put on exhibit at the Archaeological Museum at the University of Stavanger.

NewsinEnglish.no staff

Honesty paid off for those finding cash

Norwegian construction workers who found a large black plastic bag full of cash during excavation work in Sandnes earlier this winter did the right thing by quickly calling the police. Now they've all been rewarded with finders' fees.

Some of the cash was old and no longer legal tender in Norway, but plenty of it was. Instead of opting to take the money and run, though, the honest excavator and his colleagues alerted police, who suspected the money was tied to criminal activity.

When no one showed up to claim the cash found in January, police decided three workers at the construction site were eligible for rewards. Each has been paid NOK 10,000 (around USD 1,000).

"This is recognition from our side that they did the right thing by reporting the cash to police," Terese Braut Våge, police inspector in Sandnes, told state broadcaster NRK on Tuesday. She added that police view it as "probable" that the money "stems from a criminal act" but not a huge heist in nearby Stavanger more than 20 years ago. Cash stolen in the so-called NOKAS robbery has never been recovered, but some of the cash found in Sandnes was not yet in circulation at that time.

NewsinEnglish.no staff

Nesbø served fans an Easter egg

Crime shows on TV have long been part of Easter rituals in Norway, right up there or even higher than mountain skiing or going to church. For fans of popular Norwegian author Jo Nesbø, this Easter was extra special with the release of *Jo Nesbø's Detective Hole*, a dark, blood-stained Netflix series set in Oslo. A week later he won another big prize.

The show started streaming on March 26 and rapidly got popular, not just on Nesbø's home turf, but also throughout Europe. According to the streaming giant's own ranking of non-English shows, *Jo Nesbø's Detective Hole* had almost 5 million views during its first week on the network, second only to *Radioactive Emergency*, a Brazilian show.

The nine-episode series is created by Nesbø himself. Rather than using the Hollywood term "showrunner," he describes himself as the one holding the creative responsibility for deciding how the story is to be told.

"It means a lot that Norwegian Netflix viewers included Harry Hole in their Easter viewing from day one," Nesbø stated in a press release from Netflix. "And it's a great joy to learn that viewers all over the world discover Harry and Oslo at the same time."

The multi-talented Nesbø was born in Oslo 66 years ago and grew up in Molde on Norway's west coast. As a teenager he was a promising football player on the local team, but had to quit as a junior after overburdening both knees.



Norwegian actor Tobias Santelmann stars as the short-spoken, self-destructive policeman Harry Hole.



Photo: Aschehoug/Jarli & Jordan.

The multi-talented Jo Nesbø is reaching for the Netflix world with *Detective Hole*, a hard-hitting crime series on the major streaming service.

Nesbø went on to earn a degree in economics and business administration from the Norwegian School of Economics (*Norges Handelshøyskole, NHH*). That led to professional experience as a financial analyst and broker, which is now useful for managing the considerable fortune he's earned from his success as an author. But before that, he also did very well in Norway as a singer and songwriter with the prominent Norwegian rock band Di Derre. Nesbø has been an avid mountain climber as well.

His international fame and fortune, though, are built on a long string of violent crime novels, 13 in all, with the 14th set to launch this autumn. It all started in 1997 with *Flaggermusmannen* (*The Bat*). Key ingredients are the thirsty unglamorous detective Harry Hole and bizarre plots set on Oslo's ripped backsides.

"Flaggermusmannen" (*The Bat*) was Nesbø's first crime novel. It launched an impressive career as an author for the multi-faceted Nesbø. PHOTO: Aschehoug

Nesbø's books have been translated into more than 50 languages. He has won Norway's Riverton Prize for crime fiction four times (just after Easter again for last year's *Minnesota*) and he's consistently listed among Norway's highest-earning authors. According to business news service E24, his main company Skriververkstedet AS reported earnings of NOK 55.3 million (USD 5 million) in 2024. Nesbø's personal fortune is believed to be approaching half-a-billion Norwegian kroner, and his new offering on Netflix seems likely to add more gold to the pile.

According to Nesbø, though, most of his fortune is earmarked for charities, notably *Harry Hole-stiftelsen*, a foundation that supports efforts to teach children in developing countries to read and write. "None of those close to me can expect not having to work or to live off an inheritance from me," he told newspaper

Afterposten in a recent interview. Asked what money means to him, Nesbø said: "It gives me freedom. I don't have to make compromises in what I'm working on, whether it's music or writing. It means that I don't *have* to write, and that I can write exactly what I want."

He still takes advantage of special offers and discounts when shopping, though, a reflex from growing up in a modest family. "That's what my mother did, it's the way I was brought up," he told *Afterposten*. Nesbø is not married but has a daughter in her 20s, Selma, from an earlier relationship.

Jo Nesbø is no stranger to the film world, having created the political thriller series *Occupied* which premiered in 2015. Some of his children's books have also been adapted to the screen. But he was probably happy not to be directly involved in the 2017 film adaptation of another of his books, *The Snowman*, which got a rather frosty critical reception.

The new series is based on *The Devil's Star* (*Marekors*) from 2003, which was the fifth of Nesbø's novels. The story, with Norwegian actor Tobias Santelmann in the title role, follows the hunt for a serial killer through a somewhat unfamiliar Oslo, where heavily armed gangsters battle for business on mean streets.

It's macabre stuff, hardly suitable for viewers who have a problem with crushed faces, pools of blood, and severed body parts. The show visits lots of iconic Oslo locations from the modern waterfront highrises known as the *Barcode* to the creepy Emanuel Vigeland mausoleum in an affluent neighbourhood and the Instagram-friendly Ekeberg restaurant, not to mention Harry's watering hole – the neighbourhood restaurant Schrøder. The series was reportedly shot in around 160 locations around town, probably making it the biggest "Oslo movie" ever.

Nesbø continued on last page.

Deliciously Nordic

Roast chicken from Hovelsrud

Ingredients:

- 1 whole organic chicken
- Salt for brining
- 1 lemon
- 2-3 cloves of garlic, chopped
- Some stalks of herbs: rosemary and thyme
- 100 grams good quality butter
- Salt and pepper

This recipe is made in three main steps: Marinating the chicken in brine, roasting and rest time, and browning.

Instructions:

1. The chicken should be almost completely covered with a salt and cold water brine. Use 60 g of salt per litre of water. Cover the chicken with cling film and refrigerate overnight. Remove the chicken and dry off the brine. Glaze the skin with



good butter. Fill the cavity with lemon, garlic and herbs. We used 2 sprigs of thyme and 2 sprigs of rosemary here.

2. Bake the chicken at 90 degrees Celsius for at least 90 minutes, 120 minutes for large chickens. A low temperature makes the meat juicy. Use a cooking thermometer. The core temperature should be 75 degrees Celsius. The chicken should rest uncovered for 45 minutes once it's

removed from the oven. Rest time is important for the juice to remain in the meat.

3. Glaze the chicken with butter, salt and pepper. Set the oven to 300 degrees Celsius and brown the chicken for about 10-15 minutes, until the skin has a golden colour.

Cut the chicken and serve with your favourite vegetables. Enjoy!

Source: Hovelsrud Farm



"This is a more luxurious version of the classic Norwegian fish soup."

Tom Victor Gausdal

*Chef and former
Bocuse d'Or silver medallist*

Fish soup for feinschmeckers

(Serves 4)

Ingredients:

- 2 tbsp olive oil
- 2 carrots
- 1 fennel bulb
- 2 celery stalks
- 2 shallots
- 2 cloves of garlic
- 10 saffron threads
- 1 star anise
- 1 fresh bay leaf
- 400 ml mussel stock
- 400 ml cream
- 150 g monkfish or salmon, sliced into pieces
- 150 g plaice fillet, in pieces (can substitute with flounder or sole)
- 4 scallops
- A few peeled prawns
- A few steamed mussels
- 1 king crab claw, cleaned and cut into pieces (can be omitted)
- 4 tablespoons chopped, fresh chervil

- Lemon
- Salt and pepper

Instructions:

1. Cut all the vegetables into slices.

2. Place a large pot on the stove. Add the oil and heat.

3. Sauté carrots, fennel, celery, shallots, garlic, saffron, star anise, and bay leaf in the pot for a couple of minutes. Add the stock and cream and let it all simmer for 15 minutes.

4. Poach the fish pieces in the soup for 5 minutes, adding in the prawns, scallops, crab and mussels in the final few minutes.

5. Season with salt, a little lemon, and pepper.

Garnish with chervil. Top with thin brioche melba toast and a spoonful of roe (optional). Enjoy!

Source: Tom Victor Gausdal

Hva spiste barn som godteri i gamle dager?

Et barn som levde på vikingtiden - for mer enn 1.000 år siden - smakte aldri sukker eller godteri som vi spiser i dag.

Men de hadde andre søtsaker. Planten kvann ble brukt som godteri. Den smaker litt søtt, men også bittert.

Vikingbarna brukte kanskje også kvæ som tyggegummi, for det har folk tygget på siden steinalderen. Kvæ er en klissete og tykk væske som renner ut av gran og furutrær.

Om de ville ha mer søtt, kunne de spise honning og søte bær og epler.

Sukker til Norge

Sukkerrør er et gress som ikke gror i Norge. Derfor hadde vi ikke sukker før på 1600-tallet. Da kom det med båt sammen med andre, nye matvarer som kaffe, te, krydder og kakao.

The Translation

Med sukker og kakao ble det mulig å lage mange slags godteri.

Sukker var dyrt. Det var ikke til hverdags.

Drops fantes i mange fruktsmaker og ble solgt i løsvekt, det vil si at du kunne kjøpe et drops av gangen.

Karameller kostet heller ikke så mye. De kunne folk også lage hjemme.

Kjærlighet på pinne - også kalt slikkepinner - er egentlig en drops eller en karamell satt på en pinne. Det fantes også i gamle dager.

Den mest populære sjokoladen

Lakris er saft fra lakrisplanten. Det blir brukt til å sette smak på sukkertøy. Lakris kom i lange stenger og ble skåret i biter.

Marsipan er laget av mandler, melis og eggehvite. Mandlene hadde kommet med skip til Norge i hundrevis av år. Så på 1800-tallet kom melisen, som er finmalt sukker. Da begynte folk å lage marsipan. Marsipan ble brukt i kaker, men også som godteri, særlig til jul og i påsken.

Freia var den første sjokoladefabrikken i Norge. Fra 1889 kunne barn kjøpe melkesjokolade. Det er fortsatt den mest populære sjokoladen i dag.

Nå kan du velge mellom massevis av forskjellige typer godteri. Et barn fra vikingtiden ville ikke trodd sine egne øyne.

What did children eat as candy in the old days?

A child who lived during the Viking Age - more than 1,000 years ago - never tasted sugar or candy like we eat today.

But they had other sweets. The plant angelica was eaten like candy. It tastes a little sweet, but also bitter.

The Viking children may also have used resin as chewing gum, because people have chewed it since the Stone Age. Resin is a sticky and thick liquid that flows out of spruce and pine trees.

If they wanted more sweetness, they could eat honey and sweet berries and apples.

Sugar for Norway

Sugar cane is a grass that does not grow in Norway. That is why [Norway] did not have sugar until the 17th century. Then it arrived by boat along with other new foods such as coffee, tea, spices and cocoa.

With sugar and cocoa, it became possible to make many kinds of candy.

Sugar was expensive and not for everyday use.

Hard candies came in many fruit flavors

and were sold in bulk, meaning you could buy one at a time.

Caramels didn't cost that much either. People could also make them at home.

"Love on a stick" - also called lollipops - is actually a hard candy or caramel put on a stick. These also existed in the old days.

The most popular chocolate

Licorice, the juice of the licorice plant, is used to flavor candy. Licorice came in long sticks and was cut into pieces.

Marzipan is made from almonds, powdered sugar and egg whites. Almonds had been coming to Norway by ship for hundreds of years. Then in the 19th century, powdered sugar arrived, which is finely ground sugar. Then people started making marzipan. Marzipan was used in cakes, but also as candy, especially at Christmas and Easter.

Freia was the first chocolate factory in Norway. From 1889, children could buy milk chocolate. It is still the most popular chocolate today.

Now you can choose from a wide variety of different sweets. A child from the Viking Age wouldn't believe their eyes.



Rock sugar was popular in the old days. It is made solely from sugar.

Photo: Alice Wiegand / Wikimedia / CC BY-SA 3.0

Nesbø *continued from page 13.*

But something weird has happened to that Oslo. Crime of all sorts, minor compared to most other cities, has mysteriously risen to nightmarish levels, and the city's litter problem has grown to mountains of garbage lining every street. A planned gondola from downtown up to Ekeberg in the east, which the city blocked years ago, has opened without any further explanation in Nesbø's strange version of Norway's capital – suggesting, perhaps, that the action takes place not today, but in the future. A high-level conspiracy lurks in the background without being fully exposed, forming a cliffhanger for the next season.

And then there's the colouring. *Detective Harry Hole* probably fits into the *Nordic Noir* genre, but it certainly comes with more shades than black. Aksel Kielland, a critic for the Oslo-based newspaper *Morgenbladet*, found that the new film's visual style is "diametrically opposed to that of *Snowman*. While *Snowman* is cold, clean-cut and slow, *Harry Hole* is warm, messy and restless".

"It showers this fictional Oslo in an insistent yellow sunlight which is normally reserved for film scenes playing out in the past, in Latin America or in science-fiction scenarios where the sun

is about to die," Kielland wrote. Newspaper *Klassekampen*'s review, meanwhile, suggested that "the summery Oslo has been coloured with a yellow-green filter used by Hollywood to signal Mexico."

Nesbø himself has described his depiction of Oslo as a "conscious exaggeration," aiming to make Oslo recognizable but not quite like the real thing. He wanted an Oslo that is 90 percent realistic and 10 percent fairy tale, with its dirt a little dirtier and its beauty more beautiful.

New kids on the set

A few decades ago, Norway's TV- and film industry was so small that jokes were made that every new movie starred Norwegian actors Sverre Anker Ousdal and Helge Jordal. Ousdal passed away last year, but Jordal, now 80, pops up even in *Detective Hole*. More importantly, the series illustrates just how much the local film scene has changed. The series' vast cast is like a who's-who of Norwegian actors in their 40s. Many of them are familiar from recent successful shows like *Lykkeland* (on the history of Norway's oil industry) and *Exit* (a dark tale of shady business, sexual violence and loads of cocaine among Oslo's nouveau riches circles.). Tobias Santelmann, who plays Hole, is now reunited with *Exit* stars like Agnes Kittelsen, Simon Berger, Frank Kjosås and more.

Another returning face is that of Swedish actress Ellen Helinder, who played an ill-fated Moldovan prostitute in *Exit*. She's now a forensic scientist and investigator in *Jo Nesbø's Detective Hole* with an unusual talent for recognizing faces. There are several other prominent Swedish actors in the show, too, like Joel Kinnaman and Peter Stormare. Even the local reporter covering the case in the series speaks Swedish. Viewers are not told why that is, but such a choice looks certain to attract audiences in Sweden, while international audiences may not distinguish Swedish from Norwegian.

While several reviews discussed the series' strange colours, unnecessarily gross violence and all the Swedes involved, commentator Bjørn Ivar Fyksen asked himself whether the book can compete with the Netflix series. Not at all, he wrote in *Klassekampen*, but that could be beside the point.

Perhaps Harry Hole on screen suits a younger audience, with more tolerance and understanding for computer-generated esthetics, but who are not ready for Harry Hole on paper. And with that, Nesbø's noisy visuals may be a stroke of genius by opening his literary universe to a new generation which, Fyksen suggested, is not yet in the market for the books.

NewsinEnglish.no/Morten Møst



District 7 Lodges: SK, AB and BC

Sleipner 7-008 – Vancouver

Varden 7-019 – Burnaby/New Westminster

Nordlys 7-020 – Port Alberni

Eidsvold 7-053 – Victoria

North Star 7-063 – Nanaimo

Rondane 7-071 – Prince George

Nordic 7-076 – Castlegar

Dawson Creek 7-079 – Dawson Creek

Viking 7-081 – North Surrey

Hardanger 7-109 – Kelowna

Heimdal 7-141 – Kamloops

Skjønne Dal 7-142 – Bella Coola

Trollheimen 7-157 – North Vancouver

Solglyt 7-143 – Edmonton

Valhalla 7-341 – Calgary

Northern Lights 7-493 – Grande Prairie

Ronning 7-504 – Camrose

Nisse 7-567 – North Battleford

Aspelund 7-571 – Red Deer

Solsyd 7-603 – Lethbridge

Spread Some Sunshine

Is there a Solglyt Lodge member who needs to be remembered? It could be a Milestone Birthday or Anniversary Greeting, a Get Well Card or support for a loss.

Karin Jackson, Sunshine Director, would like to remind members to email her, please include the full name and nature of the request.

Karin's email: lesandkarin@hotmail.com

2026 Newsletter Submissions

Nov. - Dec. - due by October 29, 2026.

We welcome and encourage your newsletter submissions, including personal stories and photos. Please email them to: sjamison@greatwest.ca and indicate SON Newsletter in the subject line. Early submission of articles, when possible, is appreciated.